

VP PRIORITY # 1

New Mexico State University
New Initiatives Supporting Vision 2020 Goals and Objectives
For Allocation of President’s Performance Fund – Fiscal Year 2013-2014

Date of Request:	September 10, 2013	
Submitted By:	Karen Schaefer, Ph.D.	Phone: 646-2731
College or Unit:	Student Affairs and Enrollment Management	
Department:	Counseling and Student Development	
Project Name: (Short description): Assisting Student Veterans in Achieving Academic Success		
<input type="checkbox"/>	Recurring for:	Amount Recurring Funding Requested per year:
	<input type="checkbox"/> One Year	Year 1: \$
	<input type="checkbox"/> Two Years	Year 2: \$
	<input type="checkbox"/> Three Years	Year 3: \$
<input checked="" type="checkbox"/>	Non-Recurring	Amount Non-Recurring Funding Requested: \$7,868.00
Description of request		
<i>Project 2 Title: Diversity as Indicated by Veteran Status: Assisting NMSU Student Veterans in Achieving Academic Success</i>		
<p>Veterans entering college represent a diverse student population that has very unique needs that higher education institutions are attempting to address. Universities and colleges are facing an increase in student veterans in numbers unprecedented since the end of WW II. According to the 2011 U.S., Bureau of Labor Statistics, the unemployment rate among veterans ages 18-24 is 30% compared to a rate of 18% for the general population of the same age group which is likely a part of what is contributing to the increase in veterans seeking higher education degrees.</p> <p>Returning veterans face a number of challenges including a potentially difficult transition to civilian life. Some of these challenges are related to readjustment to recovery from both physical injuries such as Traumatic Brain Injury as well as psychological injuries including Depression and/or Post-traumatic Stress Disorder. The National Council for Behavioral Health (2012) reported that of the 2.4 million active duty and reserves that were deployed (some on multiple deployments) to the wars in Iraq and Afghanistan since 2001, almost 30% (730,000 men and women) will have a mental health condition. It is well documented that the suicide rate for veterans is incredibly high. The Suicide Data Report, 2012 from the Department of Veteran Affairs, Mental Health Services, Suicide Prevention Program indicates that an estimated 22 veterans died from suicide each day in 2010. It is noteworthy that approximately 4% of the students receiving counseling at the NMSU Counseling Center were in the military and many of these students reported that they suffered from trauma associated with their war-time experiences.</p> <p>Veterans learn how to survive the experience of war by using various survival coping strategies, including hypervigilance and occasionally, the coping strategy includes substance abuse. Veterans often report having difficulty adjusting to campus culture, missing the camaraderie associated with being in the military, often feel isolated and have problems relating to younger students who have not had similar experiences as they have had. Some female and male veterans have had to deal with multiple traumas associated with being in a war zone and experiencing military sexual trauma. Significantly, learning</p>		

how to ask for help from faculty, staff, administrators and peers is one of the most challenging skills that many veterans realize are necessary to develop if they are going to succeed in attaining a degree. A critically important step is educating faculty (including ways of working with veterans in the classroom), staff and students about the unique needs of this population.

At this point in time, NMSU has approximately 788+ veterans and active duty military currently enrolled at NMSU-Las Cruces. There is every reason to expect that these numbers are only going to increase over the coming years. Unfortunately, many universities are unprepared to meet the needs of the incoming veterans who are enrolling at numbers comparable to immediately after WW II when many veterans entered college to obtain skills and re-enter the workforce. There are a number of steps that NMSU can take to address some of the challenges facing student veterans.

This project is designed to provide two different types of training so that information can be shared across the NMSU campus to all that work with veterans and their families. The American Psychological Association and federal legislation teamed up to provide training of mental health professionals at military bases as well as devoting some limited funding specifically for training mental health professionals who provide counseling services to student veterans.

Training #1: The Center for Deployment Psychology (CDP) offers a University Counseling Center Core Competency (UC4) that provides a full day presentation to those mental health professionals providing counseling services on campus. Additionally, non-clinical faculty, staff and administrators are also able to attend this program (see Appendix A which contains materials related to the UC4 program including the curriculum and e-mail communication with the Project Manager, Continuing Education and Online Learning Programs with the Center for Deployment Psychology). The CDP provides the full day training, presenter's fees and presenter meals and transportation. The host university is responsible for the lodging of the presenters in addition to the marketing, promotion of the training both within the university and surrounding higher education mental health clinics, management of online registration, staffing the day of the training, coordination and payment of CE credits for clinical attendees.

The NMSU Counseling Center would serve as the host for this training and neighboring campuses would be invited to attend including mental health staff at the NMSU branch campuses as well as University of TX-El Paso and UNM.

Hotel charges—two presenters for two nights: \$320 (\$80 per night, per person)

Breakfast food and drinks for approximately 100 attendees (lunch would be on attendees own): \$423 (muffins, fruit, coffee, tea, juice and water)

The cost of continuing education credits would be paid for by attendees from the community desiring to have certification of attendance; free certificates will be distributed to NMSU faculty and staff who request them.

Room for training would be at the NMSU Golf Club: \$125

COST OF TRAINING #1: \$868.00

Training #2: The Center for Deployment Psychology offers interactive web-based training for mental health professionals who are working with veterans and their families (see Appendix B for listing of the courses and certification process). The 14 courses cover topics associated with various approaches to treating PTSD in Veterans and Military Personnel, information about military culture, impact of deployment and combat stress in families and children, information about Traumatic Brain Injury, suicide prevention and treatment, and depression in Veterans and Service Members (the curriculum is attached to the Performance Data Matrix. Additionally, the courses offer 20+ hours of continuing education credit for those providing mental health services to this population.

The NMSU Counseling Center mental health staff (permanent, interns), counselor and social work staff from WAVE/CALL, Career Exploration Center and Social Work Services along with several others (i.e, interested faculty from the Counseling and Educational Psychology Department, physicians from the Campus Health Center) would be able to take these online courses and receive a Veteran’s Behavioral Health Certificate which would enhance the psychological and medical services offered to NMSU student veterans and their families.

COST OF TRAINING #2: \$7,000 (20 staff, \$350 apiece)

COMBINED TOTAL COST OF BOTH TRAININGS: \$7,868.00

NOTE: this would be a one-time expense

Request Justification

Support Vision 2020 Goals (select as many Vision 2020 goals as apply below).

x	1. Graduation – Teaching, Learning & Programs - Provide effective academic programs, stellar teaching and learning, and enhanced student engagement to advance highly capable graduates
x	2. Diversity – Be a model of student, faculty and staff diversity at all levels
<input type="checkbox"/>	3. Internationalization - Effectively prepare students for a global society
<input type="checkbox"/>	4. Research & Creative Activity-- Be the catalyst for promoting discovery, encouraging innovation, sparking economic advancement, and inspiring creative achievement
<input type="checkbox"/>	5. Economic Development -- Be a driving force for economic progress in New Mexico
<input type="checkbox"/>	6. Resource Stewardship -- Increase philanthropy and alternative revenue to support teaching, research and service
<input type="checkbox"/>	7. Community - Service, Extension & Outreach -- Be a model for community engagement at all levels through innovative and exceptional outreach activity
<input type="checkbox"/>	Specific objectives: (Complete attached Performance Data Matrix)

2014 Budget Form – President's Performance Fund

Approvals (please print and sign)		
Submitted by	<u>KAREN SCHAEFER</u> Print	<u></u> Signature
		<u>9/13/13</u> Date
Director/ Department Approval	<u>MICHAEL JASEK</u> Print	<u></u> Signature
		<u>9/10/13</u> Date
College Dean/ Division VP Approval	<u>BERNADETTE MONTROYA</u> Print	<u></u> Signature
		<u>9/30/13</u> Date

Internal Use Only			
University Budget Committee:	Tier Assignment:	<input type="checkbox"/> Tier I	<input type="checkbox"/> Tier II
		<input type="checkbox"/> Tier III	
	Ranking No.: _____	Date: _____	
Comments:			
President's Academic Council:			
	<input type="checkbox"/> Approved	<input type="checkbox"/> Disapproved	Date: _____
Comments:			

2014 Budget Form – President’s Performance Fund, supplement

New Mexico State University
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 Performance Data Matrix
 Fiscal Year 2013 - 2014

The Vision 2020 Strategic Plan provides goals, objectives and key performance indicators for the University. Using the goal(s) you have check marked on the request form, please indicate which of the stated objectives this request is projected to positively impact, how the request is tied to the selected objective and propose a performance measure(s). Then indicate the target performance improvement goals over an annual timeline not to exceed three (3) years. Add rows as needed.

All Presidents’ Performance Fund awards are subject to annual review of comparative performance as a condition of continuing award. The required conditions of continuing funding will be identified at the time of award from the President’s Performance Fund.

Goal Number	Vision 2020 Objective	Explain how request is tied to this objective	Performance Measure	FY2013-2014 Target	FY2014-2015 Target (if applicable)	FY 2015-2016 Target (if applicable)
Applicable Vision 2020 Goal 2. Diversity: Be a model of student, faculty, and staff diversity at all levels	Objective 1 - Provide an academic environment supportive of a diverse student, faculty, and staff population	A diverse population of students at NMSU are student veterans. Given their unique needs and the importance of NMSU continuing to be a military friendly university, this request will train faculty and staff in ways to provide an understanding and supportive environment	1. Day long training for faculty and staff by the Center for Deployment Psychology (see curriculum attachment).	Approximately 100 faculty and staff at NMSU-Las Cruces and the branch campuses as well as other TX and NM universities will become knowledgeable in the topics addressed in the presentation. As a result of the training, they will be better able to serve student		

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			which will ultimately impact student veteran academic success.	veterans and assist them in achieving academic success.		
			2. All mental health practitioners at the NMSU Counseling and Student Development will receive 20.5 hours of continuing education in how to treat student veterans with various presenting concerns (suicide, traumatic brain injuries, PTSD, etc)	All 20 mental health practitioners at NMSU Counseling and Student Development will receive the Veteran’s Behavioral Health Certificate		
1. Graduation– Teaching, and Learning, and Programs:	Objective 3 Recruit students and support	Training faculty and staff in the needs of veteran and active	Successful completion of an academic semester/year	Count the number of student veterans	Count the number of student veterans	Count the number of student veterans

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<p>Provide effective academic programs, stellar teaching and learning, and enhanced student engagement to advance highly capable graduates</p>	<p>retention through financial, curricular, and wellness services</p>	<p>military students will enhance their ability to successfully achieve their academic goals</p>	<p>receiving counseling services from the trained staff at the NMSU Counseling Center and identify those that successfully complete the academic semester they are receiving services</p>	<p>receiving counseling services from the trained staff at the NMSU Counseling Center and identify those that successfully complete the academic semester they are receiving services</p>	<p>receiving counseling services from the trained staff at the NMSU Counseling Center and identify those that successfully complete the academic semester they are receiving services</p>

BELOW IS THE CURRICULUM FOR THE ON-LINE COURSES FOR MENTAL HEALTH PROVIDERS FROM THE CENTER FOR DEPLOYMENT PSYCHOLOGY:

1. [Home](#)

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- 2. [Training](#)
- 3. [Online Courses](#)

Online Courses

Online Courses

The CDP provides interactive web-based training to educate professionals working with Service Members and their families.

The CDP does not offer CE credits for these interactive online courses. Individuals interested in taking these online courses for CE credits for a cost will instead be directed to Essential Learning. These interactive web-based courses have been developed by Essential Learning (www.essentiallearning.com) in collaboration with CDP Subject Matter Experts. Any questions regarding pricing, CE credits, or technical issues should be addressed to [Essential Learning](#).

Please note that if you take any of our online courses for free, you will not be given the opportunity to take a test at the end of the course, nor will you be provided a certificate of completion.

- [Cognitive Processing Therapy \(CPT\) for PTSD in Veterans and Military Personnel](#)
- [Epidemiology of PTSD in Military Personnel and Veterans: Working with Service Members and Veterans with PTSD](#)
- [Military Cultural Competence](#)
- [Prolonged Exposure \(PE\) Therapy for PTSD in Veterans and Military Personnel](#)
- [Provider Resiliency and Self-Care: An Ethical Issue](#)
- [The Impact of Deployment and Combat Stress on Families and Children, Part 1](#)
- [The Impact of Deployment and Combat Stress on Families and Children, Part 2](#)
- [The Fundamentals of Traumatic Brain Injury \(TBI\)](#)
- [Identification, Prevention, and Treatment of Suicidal Behavior for Service Members and Veterans](#)
- [Depression in Service Members and Veterans](#)

Serving Our Veterans Behavioral Health Certificate

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The CDP has partnered with The National Council for Community Behavioral Healthcare and Essential Learning to create the Serving Our Veterans Behavioral Health Certificate. It is comprised of 14 online courses and 20+ hours of continuing education credit. The program is designed to train civilian behavioral health and primary care providers on military orientation and specific issues that affect veterans and their families. For more information and to register, click below: [Serving Our Veterans Behavioral Health Certificate](#)

Assessment and Treatment of Sleep Disturbance Associated with Deployment

The CDP's Deputy Director, William Brim Psy.D., delivers his presentation on the Assessment and Treatment of Sleep Disturbance Associated with Deployment during this live three hour and 20 minute event recorded onto two DVDs. The presentation is also available as a downloadable podcast or via streaming video. [Assessment and Treatment of Sleep Disturbance Associated with Deployment](#)

The Impact of Stress and Trauma Related to Military Deployment on Personnel and Their Families

The CDP has also developed an online course in collaboration with the American Psychological Association (APA). The following online course is a recording of a live APA pre-conference workshop. Individuals interested in taking this course for CE credits for a cost will be directed to the APA website. [Online Training Event in Collaboration with the APA: The Impact of Stress and Trauma Related to Military Deployment on Personnel and Their Families](#)